

BONUS MATERIAL - 50 WAYS TO SAVE \$100

BONUS MATERIAL

NOTES

50 Ways To Save An Easy \$100 a Month or A LOT More!

- 1. Don't buy on impulse—wait 30 days.
- 2. Shop with a list and stick to it.
- 3. Wait until your cupboards are nearly empty to go shopping; don't buy multiple options of the same item (5 boxes of cereal, 4 different loaves of bread, etc.)
- 4. Say NO to ATM's with fees. Plan ahead for your cash needs.
- 5. Does your bank charge high fees? Move your account!
- 6. Pay off your credit card balance.
- 7. If you must carry a credit card balance, shop around for a card with a lower rate.
- 8. Look for lower premiums on your insurance policies.
- 9. Consider higher deductibles for your home and auto insurance.
- 10. Do you have private mortgage insurance? If you've built up 20% equity in your home, you can cancel it.
- 11. Use mail-order pharmacy for long-term prescriptions; buy generic.
- Check all medical and hospital bills for errors.
 Many insurance companies offer rewards.
- 13. Rent—never buy something you'll only use a few times.
- 14. Have a rummage sale.
- 15. Switch long-distance carriers, use a flat rate.

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- 16. Cancel those add-on phone services you don't need.
- 17. Skip the movies. Rent a video instead.
- 18. Eat-in instead of dining out.
- 19. Pack a lunch.
- 20. Don't buy that book! Exercise your library card or use the internet.
- 21. Free up space in your mailbox. Cancel that magazine subscription you never read.
- 22. Watch a parade or have a picnic. Free entertainment is often the best.
- 23. Turn your car into a "chat room"—carpool to work.
- 24. Buy airline tickets in advance and always stay through Saturday. You'll have more fun and it's a lot cheaper too!
- 25. Quit that health club. Join the local gym instead.
- 26. Use "Coupons" & "Double coupon" days.
- 27. What's in a name? Buy generic instead.
- 28. Skip the paper towels. Wash your cloth ones instead.
- 29. Watch out for "convenience" foods. They're expensive and not as healthy anyway.
- 30. Cut back on trips to Starbucks!
- 31. "Scan" those scanners and receipts. Mistakes do happen.
- 32. Avoid "pricey" specialty stores.
- 33. Comparison shop "online."
- 34. Learn to cut your kids hair!
- 35. Premium gas? Most cars run fine without it.
- 36. Forget the words "automatic car wash." Do it yourself and get some fresh air.
- 37. Use that quick-change oil & lube service on the corner instead of a full-service garage.

38. Never pay extra for service contracts or extended warranties. The manufacturer's warranty is usually sufficient.

- 39. Cancel that premium channel you never watch or cancel cable TV altogether.
- 40. Don't touch that thermostat. Put on a sweater instead.
- 41. Take a shorter shower.
- 42. Only run a full dishwasher.
- 43. Have an energy audit done on your home. Some companies offer them for free.
- 44. Never pay extra for car rental insurance. You're probably already covered by your credit card or regular car insurance.
- 45. Don't play the lottery. The odds of getting hit by lightning are better than your chances of winning.
- 46. Time to refinance your home? Keep an eye on interest rates.
- 47. Pay yourself first! Set aside a dollar a day.
- 48. Buy a "piggy bank" for all the spare change you keep finding in your couch.
- 49. Don't spend your next pay raise. Invest that money instead.
- 50. Negotiate large or regular purchases and business expenses.



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